

OF CEDAR RAPIDS, IOWA

Chartered December 9, 1920

Roosevelt Royale,

Wednesdays,

Incorporated
12 Noon

NĒWS BULLETT

January 7, 1983 Editor: Bob Dye

Week of December 29, 1982:

Birthday:

Ray Vaughn, December 30

Anniversary:

Robert Gable, December 29

Bowling Report: The team won 2 and lost 2.

Past Presidents' Day - recollections:

1949 - Joe Stenner - Shared a unique way of collecting money for the Salvation Army.

1953 - Jim Manville - recalled the parade and police escort for Aunt Jemima to kick off the first Pancake Breakfast.

1957 - Jim Downing - Great accomplishment - 1 new member was added to the club.

No one dropped out.

1973 - Bill Jamison - shared some of the now famous Bob Butterfield bowling reports. Thanks!

1976 - Charlie McIntyre - reminded us that the first thing his administration did was to sponsor an event with Miss America.

1977 - Dick McConnell was present but chose not to share.

1978 - Jim Oetken - reported some "sobering" thoughts that reminded us of his "good ole" days.

1979 - Kim Steveley - who kept us informed concerning the signs of the zodiac.

But no president has ever been a capricorn.

Week of January 5, 1983:

Birthday:

Al Gee, January 8

Anniversary:

Dick Chandler, January 6, 1971

Bowling Report: One win.

MIKE STOFFREGEN accepted a new position with Capital Savings & Loan in Mt. Pleasant. Thanks, Mike, for 3 months of good leadership! Guy Ames moves up to the position of President and will fill out Mike's term of office.

John Knapp, President and Chairman of the Board of Securities Corp. of Iowa shared an interesting program concerning the development and growth of their company. From a small beginning in 1938, founded by his Dad, the company now has grown to a significant financial service conglomerate that employs 100 people.

FUTURE PROGRAMS: Jan. 12 - Bob McMurray, Physical Director, YMCA "Cardiac Exercise"

Jan. 19 - Doug Krile, Anchorman & Executive Producer, KCRG-TV 9

Jan. 26 - Larry Edwards, General Manager WMT-AM/FM Radio

| | | MANAGE POLICIES | | · · · · · · · · · · · · · · · · · · · |
|------------------------|-----------------------|---|---|---|
| RES. PHONE | PHONE | MEMBER | RESIDENCE | BUSINESS ADDRESS |
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| 393 -652 7 | 365-6944 | ALBERTSON, JEFF K. | 1518 Parkwood Lane NE | Moore Insurance Consultants |
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| | 395-0990 | REACH, ALAN | 5808 N. 10th St., Marion | Teleconnect inc. |
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| | 364-5372 | BICKEL, ALAN B. | 2111 Blake Blvd. SE | Provident Mutual Life Insurance Compar |
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| | 364-4950 | | 100 Thompson Dr. SE 315 30th St. SE | Retired Bowker Reality |
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| | | CHANDLER, RICHARD P. | 2708 Sue Lane NW | CPT Sales, Inc. |
| | | COLTON, ELDON L. | 366 Brentwood Dr. NE | Attorney, 404 1st Street SW |
| | | CREEL, ROBERT E. DeMEULENAERE, ROBERT L. | 1063 27th Street NE 231 Sussex Dr. NE | International Paper Brenton Bank & Trust |
| | 366-8635 | DOWEERDT, JIMMIE | 1722 Chestnut Lane NE | Purolator Courier Corp. |
| 393-0874 | | DeWEES, T. HUGH | 3R Tower Terrace, RR 1 | Bruce Hawkeye Motor Freight (H) |
| 362-4355 | | DOWNING, JAMES O. | 3202 Terry Dr. SE | Retired |
| | 363+9667 | DYE, ROBERT L. | 1456 Hollywood Blvd. NE | Director, Greater C.R. Youth/Christ |
| | 364-4144 362-2322 | FAHRNEY, C.R. FENNER, CLARENCE L. | 634 Cottage Grove Ave. SE 2101 Washington Ave. SE | King Builders Material, inc. Dentist, Higley Bidg. |
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| | 364-0141 | GABLE, GEORGE W. | 1806 Grande Ave. SE | Cryovac |
| 363~8328 | 848-4131 | | 425 37th St. NE | Cedar Rapids Truck Center |
| 365-7649 | 366-7591 | GEE, ALBERT G. | RR 3, Cedar Rapids | Gee Grading & Excavating Co. |
| | 365-7364 | | 1123 30th St. SE | Attorney, 404 1st Street SW |
| 364-5678 377-5011 | 167_1655 | GUNDLING, HENRY HAALAND, VERNE H. | 424 Fairway Terrace SE 6825 Devonshire Dr. NE | Ratired Shoemaker, Haaland & Assoc., Inc. |
| * 364-6069 | 365-0571 | HEABEL, THOMAS L. | 3211 Cottage Grove SE | Heabel Lumber Co. |
| 373-1032 | 325 3511 | HELM, ADOLPH A. | 7004 Wilton Dr. NE | Retired |
| 393-1534 | | HERZOG, THOMAS | 4380 Ridge Road NE | Midland Forge |
| 366-2354 | 399-8560 | HORICK, ROBERT | 1909 Glenway Dr. SE | CMC Colleges, Associated |
| 377-5654 | 755 1001 | HYNDEN, BURTON R. | 830 Kerry Lane, Marion | Retired (H) |
| 366-1370 | 366-1821 | JAMESON, WILLIAM J., JR. | 328 Forest Dr. SE | Spectra Assoc., Inc. |
| 362-1299 | | KINGERY, GREGORY D. | 2640 5th Avenue SE | Attorney, Novak, Kubicek, Rosser, Dil & Kubicek |
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| 846÷2075 | 362-3121 | KLIMA, ROBERT L. | P.O. Box 139, Walford | Quaker Oats Co. |
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| 351-52 8 0 | 363-1000 | LEE, DICK | 3214 E. Court, lowa City | Gringo's |
| 396-4874 | 362-5918 | LITTLE, JOHN | 1620 Southview Dr. NW | Minister, Eilis Park Church of God |
| 364-3218 | 366-7193 | LOOMIS, CHARLES E., JR. | 2014 Foxbourne SE | Loomis Bros., Inc. (H) |
| 365-5233 364-3361 | 363-2695 | MCALLISTER, WARREN W. | 6835-4 Preston Terr. Ct. SW 4266 Fox Meadow Dr. SE | Refired (S) |
| 362-9987 | 362-3121 | McCONNELL, RICHARD McINTYRE, CHARLES RAY, JR. | 3855 Lost Valley Road SE | McConnell, Steveley, Anderson, PC Quaker Oats Co. |
| 365-6739 | 373-1241 | MALONE, FRANK | 401 37th Street NE | Computerland East |
| 362-4686 | 365-8621 | MANVILLE, JAMES C. | 116 3rd Avenue SE | Optometrist, Higley Bidg. (S) |
| 365-8567 | 363-8125 | MEAD, WAYNE | 395 Red Fox Road SE | Ogden & Adams Lumber |
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| 393-7852 362-4207 | 398-83 6 2 | OETKEN, JAMES B. | 2213 Birchwood Dr. NE 224 Lincoin Heights Dr. SE | General Sales Manager, KCRG T.V. |
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| 363-4895 | 366-7801 | RANDOLPH, AARON | 4011 Soutter Ave. SE | Securities Corp. of lowa |
| 377-328 6 | 398-6131 | ROGERS, WARREN J. | 272 Norman Dr. NE | Mercy Hospitai |
| 393-8985 | 393-8985 | RUSH, ROBERT | 1639 Park Towne Ct. NE, N-12 | Rush Construction Co. |
| 396-0279 364-6458 | 364-1000 366-7801 | SAMEK, GARY SAMBORN, CLYDE R. | 1711 Morris Ave. NW 1224 13th Street NW | First Trust & Savings Securities Corp. of ia. (5) |
| 363-7516 | 363-2693 | SCHRADER, REX | 2016 Park Ave. SE | MorAmerica Financial Services |
| 364-8674 | mws. | SCHULTZ, WALTER O. | 4747 Mt. Vernon Road SE | Retired |
| 362-2035 | 396-6335 | SCHWITTERS, DAN L. | 2011 Foxbourne SE | Schwitters, Inc. (5) |
| 364-4852 | 365-1491 | SEGER, EDWIN J. | 638 40th St. NE | Salvation Army |
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| 362-9064 364-1887 | | SILVERS, A. EDWARD STENNER, JOSEPH W. | 871 Deniels Street NE 316 Linden Terrace SE | Retired |
| 366-4326 | 363-2695 | STEVELEY, KIM R. | 3621 Sel Air Dr. SE | McConnell, Steveley, Anderson, PC |
| 895-8414 | 364-0153 | | RR 1, Mt. Vernon | Bohemian Savings & Loan |
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| 363-7050 | 364-5101 | VANDERSCHAAF, HOWARD C. | 920 44th St. SE | la111. Gas & Elec. |
| 644-2474 | 364-7178 | VAUGHN, RAY T. | RR 4, Solon | Ray T. Yaughn Acct. (S) |
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| | | | Rich Slawert | |
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BULLETIN

Chartered December 9, 1920

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Wednesdays

January 6, 1983 Editor: Bob Dye

The January 11 Program:

A music group on tour from Colgate University will be our special guests. President Bob wants everyone to know that wives are invited to join you for this program.

Anniversary: Dick Chandler - January 6, 1971.

For the second week in a row, Past President Guy Ames had the privilege to induct new members into the club. This week joining the growing numbers of Kiwanians are:

Mike Murphy - sponsored by President Bob DeMeulenaere

Dale Moore - sponsored by Kim Steveley

Blake Bales - sponsored by DeWayne Kurrelmeyer.

Congratulations and welcome to Kiwanis. You will be learning more about our new members starting this week.

Attendance at the January 4 meeting was 49, according to Secretary Tom Herzog. We will be reporting on this each week.

Congratulations are in order to Don Aanestad, our club's President for 1981-82. He was honored with the Distinguished President's Award.

January 4 Program:

Michelle Eckert presented "Murphy's Paw" puppet extraordinaire, a program that demonstrated a great amount of talent and imagination. However, several Kiwanians had some real reservations concerning some of the material that was used and felt it was not appropriate for a Kiwanis meeting.

Recent Board action:

Long-time member of good standing, Al Gee, was granted Senior Member status. The Board guaranteed a minimum donation of \$100 to the Kiwanis Foundation. Dick Lee reported that with our 7 new members, we have a great start toward our goal of 30 new members.

Farmer's Breakfast - St. Patrick's Day - March 17.

* * * NEW MEMBER PROFILE * * *

CRAIG MAURER, Co-Anchor of the KCRG Eyewitness News. Craig's hometown is Allentown, PA. While in the Navy, he began his broadcasting experience in Keflavik, Iceland, as he worked for the Armed Forces Radio & Television Services. He has held news anchor jobs in Jacksonville, FL and Mobile, AL. His recent move to Cedar Rapids was from the Washington, DC, area, where he and his family had lived for 12 years. Craig is a family man with 4 children. His wife, an X-Ray technologist, and two of his children will be moving here in June, after his daughter graduates from high school. If you don't know yet, Craig is an avid Redskin fan. It's a pleasure to welcome him to Cedar Rapids and to our Kiwanis Club!



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NEWS BULLETEN

January 21, 1983 Editor: Bob Dye

Meeting of January 12, 1983:

Birthdays:

January 8, Al Gee; January 13, Gary Samek.

Anniversary:

January 12, Frank Race.

Guests:

Chuck Watson and Dick Pratt.

Program: Bob McMurray presented an informative program of hope on the importance of cardiac exercise.

* * * * * * * * * * * *

Meeting of January 19:

No Kiwanians had anniversaries or birthdays. Mr. Gene Iliff was inducted into our club today by Past Lt. Gov. Charlie McIntyre. Welcome, Gene, to Kiwanis! It is great to have you as our newest new member.

Bowling Report was one of those "I wish you wouldn't have asked" type of games.

Frank Malone is still in the hospital but is progressing very well. We miss you, Frank.

Guests: Kay Ames - her presence commanded our respect for our President.
Mrs. Gene Iliff
John Morris.

Program: Mr. Doug Krile, co-anchorman on KCRG-TV. Doug is a native Iowan and a graduate of the University of Iowa. In 1971 he started as a part-time radio announcer for KCRG. He touched on the complexity of news broadcasting. It takes about 60 people to produce an evening news program.

President's notes: Al Gee has been asked to head the Spiritual Aims Committee.

Our average weekly attendance is 38-40 or approximately 65% of our membership. Let's improve on this.

Future Programs: January 26 - Larry Edwards, General Manager, WMT AM/FM Radio. February 2 - Bill Munsel, Ad Agency.

Thoughts to consider: Houses without foundations have never sold well and probably never will. They are unstable and are susceptible to weakening at the worst possible moment. Even more important is the foundation of our life. How secure do you feel today?



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February 4, 1983

Editor: Bob Dye

Week of January 26, 1983:

No Birthdays.

Anniversary: Pytr Knoll, January 29, 1978.

Bowling Report: Won all the games!

Farmer's Breakfast date: APRIL 23.

Guests: Don Painter, Circle K. Jeff Bair, guest of Jim Oetken.

President's notes: Our President paid tribute to Sandy Batchelor who has so faithfully greeted our Kiwanians over the past many years.

Program January 26: Larry Edwards, General Manager of WMT-AM and FM, presented an interesting program of 10 minutes of famous radio bloopers followed by a session of questions and answers.

Week of February 2:

Birthday: Dick McConnell, January 30.

Anniversary: Bill Pohorsky, February 5, 1964. We wish the very best for Bill as he undergoes back surgery this week.

Frank Malone was back at Kiwanis today. Great to have you back, Frank!

President's notes: The Nominating Committee has nominated Greg Kingery for a board position, and Rich Siewert has been nominated for the office of 2nd Vice Pres.

Visitor: Bob Smith, guest of Jim Oetken.

Bowling Report: Al Gravelie, Larry Fishwild, and Duane Kurrelmeyer all had 200+ games, so the team won all their games. Congratulations!

Rich Siewert spoke about the membership drive that will target 10 - 15 companies and seek key personnel for club membership.

A new committee has been formed to specifically insure that we continue to have a close, cooperative working relationship between the Downtown Cedar Rapids Kiwanis Club and the Kirkwood Circle K Club. Members are: Jim Oetken, Chairman; Wayne Woods, Kim Steveley, Greg Kingery, Dick McConnell, and Rich Siewert.

Program February 2: Al Beach, Sales Manager for Teleconnect, spoke. Great changes have recently taken place as a result of the 1981 decision concerning long distance phone calls. Even with the rapid rise of alternative plans, Bell still holds 95% of the long distance market. Teleconnect was formed in August, 1981. Al pointed out how companies and individuals can save on their long distance calls.

FUTURE PROGRAMS: February 9: Bob Brown - He is with Upward Bound.
February 16: Warren Boes from the U. of Iowa Business College.



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NEWS BULLETIN

February 18, 1983 Editor: Bob Dye

Week of February 9, 1983:

Birthdays: Feb. 7, John Palmer; Feb. 9, Verne Haaland.

Program for February 9:

Dr. Jeff Sankot, a physician from DOC (Doctors Ought to Care) gave an interesting talk about "quackery."

Week of February 16:

Birthdays: Feb. 21, Larry Warren; Feb. 22, Rudy Silvers.

Anniversaries: Feb. 26, Warren McAllister; Feb. 27, Adolph Helm.

Bowling Report: Our team won 3 out of 4 games against the top team in the

league.

Guest: Fred Schoentag, guest of Jim Oetken.

There was a special award to Rudy Silvers for telling Jim Oetken the first Jewish joke.

Board meeting MARCH 1: Please suggest to the Board ideas for the funds from the Farmer's Breakfast.

Program for February 16:

Dr. Warren Boe, Business College at the University of Iowa, spoke. In 4 years of existence, the Business College has a new major--Production Management and a faculty of 18. Their goal is to develop professionals in the area of Problem Solving. They concentrate on three areas: (1) Behavioral Science Course - How to deal with change; (2) Analytical Model Building - organizing information to make better decisions; and (3) Computer. About 50% of the students are women, and a large number of foreign students are involved.

Some closing comments concerning Ash Wednesday were given by Bob Dye on the one important appointment that we all have to have. The Lenten season is a good time to reflect on how we are preparing for that appointment.

FUTURE PROGRAMS: Feb. 23, to be announced; March 2, Forrest Mykleby, President of Wilson's

A closing thought: "Today I met a man...but not really. Rather, our paths crossed. The private paths of our own separate worlds made a juncture and we were there. We told our impersonal names and shook each other's hand warmly and firmly—to convey our interest...which wasn't there. We shared our views on the weather, politics, the latest news and other foreign things...which were not there. And when the conversation lagged, we said, 'Well, glad to have met you' 'Same here' we lied, smiled, extended our hands again, and parted—glad to be on our separate ways from our little meeting. Today I met a man...but not really." Author unknown.

| RES. | OFFICE | | | | |
|--|----------------------|---|--|--|--|
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| | 398-4674 | BLOCK, DEL | 488 Parkland Dr. SE | iowa Electric Light & Power | |
| _ | 366-2134 | BOCK, VICTOR | 100 Thompson Dr. SE | Retired | |
| | 364-4950 | BOWKER, JAMES W. | 315 30th St. SE | Sowker Reality | |
| | 364-510! 377-4648 | BROWN, F. WALLACE CAPESIUS, F. ED | 650 Grant Wood Dr. SE | la. III. Gas & Elec. Co. Investors Diversified Services | |
| 395-7945 | | | 1358 Hertz Dr. SE 2708 Sue Lane NW | CPI Sales, Inc. | |
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| | 363+3008 | | 1063 27th Street NE | International Paper | |
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| 362-9064 3 6 4-1887 | | SILVERS, A. EDWARD STENNER, JOSEPH W. | 871 Daniels Street NE 316 Linden Terrace SE | Retired | |
| 366-4326 | 363-2695 | STEVELEY, KIM R. | 3621 Bei Alr Dr. SE | McConnell, Steveley, Anderson, PC | |
| 895-8414 | 364-0153 | STOFFREGEN, MICHAEL L. | RR 1, Mt. Vernon | Bohemian Savings & Loan | |
| 744 7050 | 366-3501 | SWAIN, JAMES | 3240 Dalewood Ave. SE | American Fed. Sav. & Loan | |
| 363-7050 644-2474 | | VANDERSCHAAF, HOWARD C. VAUGHN, RAY T. | 920 44th St. SE RR 4, Soion | laIII. Gas & Elec. Ray T. Vaughn Acct. (S) | |
| | 395-3634 | | 551 Knollwood Drive SE | Rockwell International | |
| 363-2505 | 395-4545 | WILSON, MYRON F. | 4221 Trailridge Road SE | Rockwell International | |
| 205-1553 | 366-1821 | WINDUS, WILLIAM A. | 1037 29th St. NE | Spectra Assoc. | |
| 396-0549 | 398-5596 | WOODS, WAYNE C. (S) Senior Member | 4594 Jonathan Ln. NW (H) Honorary Member | Kirkwood Comm. College | |
| · | | | | | |
| OFFICERS President | . | Mike Stoffregen | DIRECTORS Bob DeMaul | | |
| ist Vice | | Guy Ames | john Litti | e '83 | |
| 2nd Vice | | Bob DeMeulenzere | Wayne Wood | | |
| Secretary | • | Aaron Randolph | Wayne Mead Rex Schrad | | |
| Treasure: Past Pre: | | Duane Kurrelmeyer Don Aanestad | Jim Swain | '84 | |
| · #51 116; | | war imiran me | Tom Heabei | | |
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OF CEDAR RAPIDS, IOWA

BULLETIN

Chartered December 9, 1920

Incorporated

Roosevelt Royale

12 Noon

Wednesdays

March 4, 1983 Editor: Bob Dye

Week of February 23, 1983:

Secretary Aaron Randolph presided over the meeting.

Visitor: Fred Schoentag, guest of B. J. Klein.

Tom Heabel won the special award presented by Jim Oetken.

Bowling Report: It was one of those Oh, noocoo reports -- no wins.

Program for February 23: Bob Brown, Assistant Director of Activities for University Hospital. He coordinates a program called S.P.O.R.T.S. This Outward Bound style of program involves 13-16 yr. olds. The purpose is to help them to learn what they are capable of doing, in physical, mental, and social situations.

Dick Lee served as the program chairman for February. Thanks, Dick, for providing us with some excellent programs!

* * * * * * * * * * * *

Week of March 2:

Birthdays: Bill Pohorsky, March 4; Ernie Kosek, March 3.

Anniversary: Adolph Helm, February 27, 1963.

Bowling Report: A 6 out of 8 games win over Rotary #1! You've redeemed yourselves, men, from last week.

Program for March 2: Mr. Forrest Mykleby, Plant Manager of Wilson Foods Corporation, gave us much information concerning the Wilson operation. We were all amazed over the number of pounds of product produced at this plant. 8 to 9,000 hogs are killed each day, making it the world's largest processor of boneless hams. They employ approximately 1,800, providing a payroll of around 45 million a year. A very interesting program.

Board Report: Election of the following officers will be held at next week's meeting: 2nd Vice President: Nominee Rich Siewert. Board vacancy nominees: Greg Kingery and Al Beach.

Fred Schoentag was voted in to membership. Welcome to Kiwanis, Fred!

Resignations from Warren McAllister, who has moved to California and from Burt Hynden, who has moved to Florida, were accepted with regrets.

Future Meetings: March 9: Lloyd Peyton, speaking on improving communications. He is from the University of Wisconsin. March 16: Lt. Col. Robert DeJong, Commander of the D. C. F. M. A. and he is in charge of all defense contracts awarded in the area.

Duane Kurrelmeyer

Don Aanestad

. : President

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                         OFFICE
                                                   MEMBER
                         PHONE
                                                                                                                                RESIDENCE.
                                                                                                                                                                                                                           BUSINESS ADDRESS
  393-8432 AANESTAD, DONALD J.
527 365-6944 ALBERTSON, JEFF K.
528 364-9161 AMES, GUY L.
5792 363-0203 ARMSTRONG, ROBERT
5780 364-8207 BANES, JERRY DON
BATCHELOR, ALEXANDER C.
                                                                                                                                230 34th St. SE
                                                                                                                                                                                                                           Ohio National Life
                                                                                                                                1518 Parkwood Lane NE
                                                                                                                                                                                                                           Moore Insurance Consultants
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316 Red Fox Road SE
370 34th St. SE
3011 Parkview Ct. SE
1050 27th St. NE
5808 N. 10th St., Marion
341 Parkiand Orive SE
2111 Blake Blvd. SE
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                                                                                                                                                                                                                           Armstrong's
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7/80
7/230
                                                  BEACH, ALAN
BERG, JEFFERY P.
       3565 395-0990
                                                                                                                                                                                                                          Teleconnect Inc.
Attorney, 385 Collins Road NE
Provident Mutual Life Insurance Compar
1-2524
1372
                       393-5416
                                                 BERG, JEFFERY P.
BICKEL, ALAN B.
BLOCK, DEL
BOCK, VICTOR
BOWKER, JAMES W.
BROWN, F. WALLACE
CAPESIUS, F. ED
CHANDLER, RICHARD P.
COLTON, ELDON L.
CREEL, ROBERT E.
DOMEULENAERE, ROBERT L.
DOWEERDT, JIMMIE
DOWEES, T. HUGH
DOWNING, JAMES O.
DYE, ROBERT L.
372 364-5372
825 398-4674
                                                                                                                                488 Parkland Dr. SE
                                                                                                                                                                                                                           iowa Electric Light & Power
  2134 366-2134
                                                                                                                                100 Thompson Dr. SE
315 30th St. SE
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Bowker Reality
la. III. Gas & Elec. Co.
315 30th St. SE
650 Grant Wood Dr. SE
1358 Hertz Dr. SE
                       364-5101
    3346
 5:3: i479 377-4648
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                                                                                                                                2708 Sue Lane NW
366 Brentwood Dr. NE
1063 27th Street NE
                                                                                                                                                                                                                           CP1 Sales, Inc.
Attorney, 404 1st Street SW
International Paper
  95 7945 364-1581
  47 4973 364-7164
                       363-3008
                                                                                                                                231 Sussex Dr. NE
1722 Chestnut Lane NE
677-4913
                         364-9135
                                                                                                                                                                                                                           Brenton Bank & Trust
    ·> 7779
                                                                                                                                                                                                                          Purolator Courier Corp.
Bruce Hawkeye Motor Freight (H)
                        366-8635
                                                                                                                                3R Tower Terrace, RR 1
3202 Terry Dr. SE
   0874
                                                                                                                                                                                                                           Retired
       1355
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King Builders Material, Inc.
Dentist, Higiey Bldg.
Allied Glass Products
                                                                                                                                1456 Hollywood Blvd. NE
634 Cottage Grove Ave. SE
2101 Washington Ave. SE
 3368 363-9667
314 364-4144
                                                  DYE, ROBERT L.
FAHRNEY, C.R.
FENNER, CLARENCE L.
          1512 362-2322
                                                  FENNER, CLARENCE L.
FISHWILD, LARRY D.
GABLE, GEORGE W.
GABLE, R. W.
GEE, ALBERT G.
GRAVELIE, ALBERT T.
GUNDLING, HENRY
HAALAND, VERNE H.
HEABEL, THOMAS L.
HEIM. ADDITH A
                                                                                                                               2101 Washington Ave. SE
1310 G. Ave., Marion
1806 Grande Ave. SE
425 37th St. NE
RR 3, Cedar Rapids
1123 30th St. SE
424 Fairway Terrace SE
6825 Devonshire Dr. NE
3211 Cottage Grove SE
7004 Wilton Dr. NE
4380 Ridge Road NE
     . 2684
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Cedar Rapids Truck Center
 93.4802
                         364-0141
                       848-4131
3328
                                                                                                                                                                                                                          Gee Grading & Excavating Co.
Attorney, 404 1st Street SW
                         366-7591
          /649
          1317
   5678
5011
                                                                                                                                                                                                                           Retired
                        363-3555
                                                                                                                                                                                                                          Shoemaker, Haaland & Assoc., Inc.
Heabel Lumber Co.
                         365-0571
           5069
           032
                                                   HELM, ADOLPH A.
                                                                                                                                                                                                                          Retired
          534 HERZOG, THOMAS
2354 399-8560 HORICK, ROBERT
7654 HYNDEN, BURTON R.
1370 366-1821 JAMESON, WILLIAM J., JR.
                                                                                                                                                                                                                          Midland Forge
                                                                                                                                4380 Ridge Road NE
                                                                                                                                1909 Gienway Dr. SE
830 Kerry Lane, Marion
328 Forest Dr. SE
                                                                                                                                                                                                                          CMC Colleges, Associated
                                                                                                                                                                                                                           Retired (H)
                                                                                                                                                                                                                           Spectra Assoc., Inc.
                                                                                                                                                                                                                         Attorney, Novak, Kubicek, Rosser, Dii
& Kubicek
          299 366-7766 KINGERY, GREGORY D.
                                                                                                                                2640 5th Avenue SE
          1554 364-1584
                                                  KLEIN, B. J.
KLIMA, ROBERT L.
KNOLL, PYTR
                                                                                                                                51 29th Avenue Drive SW #6
P.O. Box 139, Walford
                                                                                                                                                                                                                          Financial Advisory Associates
                                               KNOLL, PYTR
KOSEK, ERNEST
KURRELMEYER, DUANE H.
LAWRENCE, ORA W.
LEE, DICK
LITTLE, JOHN
LOOMIS, CHARLES E., JR.
MCALLISTER, WARREN W.
MCCONNELL, RICHARD
MCINTYRE, CHARLES RAY, JR.
MALONE, FRANK
MANVILLE, JAMES C
           2075
                        362-3121
                                                                                                                                                                                                                          Quaker Oats Co.
                                                                                                                                2307 Maadowbrook Dr. SE
           669 364-1511
                                                                                                                                                                                                                          Gibson Partners, Realtors
                                                                                                                                340 27th Street SE
4595 Bever Avenue SE
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lowa National Mutual Co.
           422 362-6766
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            509
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3214 E. Court, lowa City
1620 Southview Dr. NW
2014 Foxbourne SE
6835-4 Preston Tarr. Ct. SW
4266 Fox Meadow Dr. SE
3855 Lost Vailey Road SE
401 37th Street NE
116 3rd Avenue SE
395 Red Fox Road SE
4512 Sugar Pine Dr. NE
2213 Birchwood Dr. NE
224 Lincoin Heights Dr. SE
                                                                                                                                                                                                                          Attorney, Higley Bidg.
                                                                                                                                                                                                                          Gringo's
Minister, Ellis Park Church of God
                       363-1000
            280
           874 362-5918
3218 366-7193
                                                                                                                                                                                                                          Loomis Bros., Inc. (H)
Refired (S)
           233
          5361 363-2695
                                                                                                                                                                                                                          McConnell, Steveley, Anderson, PC
                                                MCINTYRE, CHARLES RAY, JR.
MALONE, FRANK
MANVILLE, JAMES C.
MEAD, WAYNE
O'BRIEN, DENNIS
OETKEN, JAMES B.
PALMER, JOHN C.
POHORSKY, WILLIAM B.
RACE, FRANK B.
RANDOLPH, AARON
ROGERS, WARREN J.
RUSH, ROBERT
SAMEK, GARY
SANBORN, CLYDE R.
SCHRADER, REX
SCHULTZ, WALTER O.
SCHWITTERS, DAN L.
SEGER, EDWIN J.
SIEWERT, RICHARD K.
SILVERS, A. EDWARD
STENNER, JOSEPH W.
STEVELEY, KIM R.
STOFFREGEN, MICHAEL L.
SWAIN, JAMES
VANDERSCHAAF, HOWARD C.
VAUGHN, RAY T.
WARREN, LARRY
WILSON, MYRON F.
WINDUS, WILLIAM A.
                                                                                                                                                                                                                         Quaker Oats Co.
Computerland East
          987 362-3121
                       373-1241
            739
                                                                                                                                                                                                                          Optometrist, Higley Bldg. (S)
Ogden & Adams Lumber
Roosevelt Royale
                       365-8621
            686
                        363-8125
           3567
           1371 364-4111
1852 398-8362
1207 363-5844
          1371
                                                                                                                                                                                                                          General Sales Manager, KCRG T.V.
                                                                                                                                224 Lincoln Heights Dr. SE
                                                                                                                                                                                                                          Sta-Sweet Co., Inc.
                                                                                                                                1016 29th St. NE
2198 Blake Blvd. SE
4011 Soutter Ave. SE
272 Norman Dr. NE
           1836 365-6979
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Securities Corp. of lowa
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Rush Construction Co.
First Trust & Savings
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316 Linden Terrace SE
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                                                                                                                                4594 Jonathan Ln. NW
(H) Honorary Member
  -0549 398-5596 WOODS, WAYNE C.
                                                                             (S) Senior Member
                                                                                                                                                                                    DIRECTORS
Bob DeMaulenaere
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Bob DeMeulenaere
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Warren Roders Rich Slewert

OF CEDAR RAPIDS, IOWA

BULLETIN

Chartered December 9, 1920

Incorporated

Roosevelt Royale

12 Noon

Wednesdays

Welcome back, Mr. President!

March 17, 1983 Editor: Bob Dye

Future Programs:

March 23: Red Norris - of the Powell III treatment unit will provide us a very interesting program on alcohol abuse. You can plan on picking up some good oneliners at this meeting!

March 30: To be announced.

| Recent Birthdays: | | Anniversaries: | | |
|---------------------|--|---|---|--|
| March б 14 15 | Chuck Loomis Victor Boch Bob Dye | March 6, 1940 13, 1932 14, 1974 15, 1950 15, 1974 16, 1955 17, 1965 | C. R. Fahrney Clyde Sanborn Don Aanestad Jim Manville Rev. John Little Dan Schwitters Al Gee Bill Jamison | |
| | | エー・ エクワノ | DITT OWNEROU | |

Il members participated in a recent interclub with East Side Kiwanis. Another interclub is planned for March 29, 7:00 p.m., at Central City. Keep up the good work, Rudy!

Recent election results:

-2nd Vice President: Rich Siewert

Board members elected: Greg Kingery, Al Beach

Remember, board meetings are the 1st Tuesdays. A good opportunity for make-up meetings.

Bowling Report: Yes, our team is still bowling, but it is that time of year when the results are kept a little cloudy.

COMING...COMING...COMING...COMING...ANNUAL KIWANIS FARMERS' BREAKFAST APRIL 23!

Tickets will soon be in your hands, so you can begin to sell, sell, sell! Wayne Mead and Jim Swain will be motivating us to action.

If you were unable to attend the last two meetings, you were missed. B. J. Kline has presented us with a real variety of programming.

March 9: Lloyd Peyton helped us all improve our up-front communication skills. Too bad Jim Oetken had to miss this meeting, since he struggles so in this area.



March 16: Lt. Col. Robert De Jong gave us the inside story on government contracts He is responsible for monitoring the government contracts in all of Iowa and large percentage of Nebraska.

OF CEDAR RAPIDS, IOWA

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Wednesdays

April 1, 1983 Editor: Bob Dye

Future Programs:

April 6 - Industry salute to Cedar Rapids Gazette and its centennial celebration. Lynn Gentz will be speaking.

April 13 - Not confirmed

Board Meeting: Tuesday, April 5

Recent Birthdays: Rich Siewert - April 1

March 21, 1934 Anniversaries: Hugh DeWees

> George Gable March 28, 1979 Bob Rush March 31, 1965

Fellowship, Welfare:

Bob Creel had a short stay in the hospital but is home now. Ora Lawrence is at Mercy Hospital but expects to go home soon.

Club Recognition and Thanks:

The Salvation Army recently presented our club with an attractive plaque for our club's outstanding participation in the Christmas bell ringing activity.

The club received a letter of thanks and appreciation from Coach Bob Landis and signed by the members of the Linn-Mar State Championship Basketball Team. Our club helped sponsor the annual Fellowship of Christian Athletes Breakfast at the Boys State Tournament.

Pancake Day and Sales Report:

April 23 is the big day. Every Kiwanian is expected to sell those tickets. The captain of each team is confident that his team will win. Each team must sell 700 tickets so that our goal can be met. Team captains are: Ed Capesius (Blue Team), Dick Lee (Red Team), and Bob Horick (Green Team). The current standings: Blue Team - 117; Green Team - 116; Red Team - 96. Each team should reach 400 next Wednesday.

Past Programs:

March 23 - A very moving program by Red Norris was given on the subject of alcohol and drug abuse.

March 30 - Professor Floyd Sanford of Coe College provided some very sobering thoughts concerning the subject of extinction and his predictions for the next 20 years.

Remember:

When you miss Kiwanis, you miss a lot. Come and enjoy the good programs and the excitement of getting ready for the Farmers Breakfast.



OF CEDAR RAPIDS, IOWA

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Wednesdays

April 15, 1983 Editor: Bob Dye

Future Programs:

April 20 - Co-Anchor Person Bev Stoddard of KCRG TV. April 27 - Bev Gipple - A learning disability teacher.

FARMERS' BREAKFAST - Only FIVE DAYS TO GO - Saturday, April 23!

Team standings:

Ed Capesius' team - 384 Dick Lee's team - 351 Bob Horak's team - 639

We need to sell 800 tickets this week. The minimum, of course, is 20 or more per K wanian.

Your help is greatly needed during this Saturday. Be sure to sign up at Kiwanis Wednesday or call Rich Siewert to let him know when you can work. Proceeds will be dispersed in the following manner: \$1,000 to the Cedar Rapids Public Library Summer Youth Reading Program. The remaining proceeds will be divided in the following manner:

30% to Youth for Christ camp scholarships for troubled youth.

25% to Camp Good Health.

10% to Circle K Club.

Keep in mind that hundreds of youth will be benefiting from this event.

Long-time Kiwanian Ora Lawrence died this past week. Our deepest sympathy go out to his wife and family.

Ora joined the club in 1931.

George Lambert was installed into the club on April 6. We welcome him to the Downtown Cedar Rapids Kiwanis Club.

Recent birthdays: Bob DeMeulenaere April 4 April 6 Adolf Helm

John Little April 9 Anniversaries: Myron Wilson 4/4/74

Chuck Loomis 4/7/48

Jim Bowker 4/8/53

SELL

SELL

SELL

THOSE PANCAKE TICKETS!!!!



OF CEDAR RAPIDS, IOWA

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Roosevelt Royale

12 Noon

Wednesdays

PROGRAMS FOR MAY 4 and 11:

April 29, 1983 Editor: Bob Dye

Program Chairman for May is Larry Warren.

BIRTHDAYS April 17 - 30:

ANNIVERSARIES APRIL 17 - 30:

April 18 Jeff Albertson
April 19 Duane Kurrelmeyer
Guy Ames
Rex Schrader

April 17, 1974 Duane Kurrelmeyer
April 23, 1923 Bob Armstrong - We
need to extend special congratulations
to Bob on completing 60 years in
Kiwanis!

FARMER'S BREAKFAST WRAP-UP: First, be sure to turn in your ticket money to your Team Captain by Wednesday so that a final accounting can be made. Wayne Mead summarized the efforts by expressing appreciation to every Kiwanian who worked and sold tickets to make this event a success. Special appreciation was given to Captains Bob Horick Dick Lee, and Ed Capesius for coordinating the ticket sales on their teams. A standing ovation was given to Wayne Mead for his outstanding job of motivating us all to sell those tickets. We are anxiously awaiting the profit results so that we will know how much will be able to be contributed to the designated youth projects.

At the April 27 meeting Charlie McIntyre reported on the recent District Convention that he attended. He pointed out that 775 attended and that the committee has been established to develop policies for the Nebraska-Iowa District on the subject of fund raising.

BOWLING TEAM report was given by Duane Kurrelmeyer. The sentiment of the team is that they are looking forward to their final game this next week. Let's remember those famous words: "Wait till next year!"

APRIL 20 meeting featured Bev Stoddard, co-anchorperson for Channel 9. She is a graduate of Idaho State and has been in the news business for 8 years. She has seen incredible changes in this short time. It takes about 20 people to prepare the newscast and another 18-20 to present it. She sees the possibility of one-hour news broadcasts in the near future as opposed to the now one-half hour. The Kiwanians appreciated this very fine program.

APRIL 27 meeting: Bev Gipple, Learning Disability teacher from Arthur, spoke on the subject: "The Space You Are In." This was another excellent program that reminded us how important each person is. She challenged us with five questions:

Do you like yourself? Are you in touch with yourself? Are your emotions alive? Are you in balance? Are you giving and receiving?

Thanks to Jim Swain for the excellent programs during the month of April.

OF CEDAR RAPIDS, IOWA

NEWS Bulletin

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12 Noon

Wednesdays

May 13, 1983 Editor: Bob Dye

Future Meetings;

May 18: Annual Industrial Arts Program - Recognition and display of award willing projects by Jr. & Sr. high school students. This has been a favorite program year after year.

May 25: Mayor Don Canney will speak.

Recent Anniversaries: May 10, 1978 - Rudy Silvers; May 13, 1958 - Ed Colton.

The Nominating Committee submits the following slate of names for the upcoming election of officers:

President: Bob DeMeulenaere 1st Vice President: Rich Siewert 2nd Vice President: Warren Rogers Board Members: Term: Mike Wilson 1985 Al Beach 1986 Aaron Randolph 1986 Dick Lee 1986

****PLEASE PLEASE PLEASE - If you still have Farmers Breakfast ticket money, please turn it in to your Team Captain by this Wed.! Or mail it to Downtown Kiwanis Club, Box 614, Cedar Rapids, IA 52406. The committee would very much like to close the books so they know how much money can be sent to the designated youth projects. The winning team needs to be announced also.

Our guest speakers for the first two meetings in May were:

May 4: Ralph Plageman, Principal of Washington Metro High School.

May 11: Art Kelly, Sales Manager for the General Aviation Division of Collins Radio. His presentation reminded us that with Collins equipment in the cockpit we can fly with confidence.

This closing verse was submitted to this editor by Jim Oetken, and it serves as a good reminder for all of us.

THE NEW MEMBER

I see you at the meetings, but you never say hello. You're busy all the time you're there with people that you know.

I sit among the members, but I'm a lonesome one. New members are as strange as I, the old ones pass me by.

But remember that you asked me in and talked of fellowship. You could just step across the room, but you never make the trip.

I'll be at your next meeting (perhaps a nicer day to spend). Could you just introduce yourself? I want to be your friend.



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Wednesdays

May 27, 1983 Editor: Bob Dye

1986

Future Programs:

June 1: Jeff Schultz will be explaining the Mercy Hospital Wellness Program.

June 8: Bill Jacobson, Principal of Jefferson High School. Dr. Jacobson will be discussing the subject of learning styles in today's school system.

FARMERS' BREAKFAST RECAPS: The winning team was captained by Ed Capesius. The leading salesmen were: Bill Jamison, who topped all salesmen with 150 tickets sold. Guy Ames sold 60, and Ruby Silvers sold 50. Good work, men--you've set a torrid pace. The profit for this year's breakfast will be the largest in history. As of this writing, it was \$2,956.29, but it could well go over \$3,000.00!

Anniversaries: 5/16/56 Al Bickel

5/18/60 John Palmer

5/18/66 Howard VanderSchaaf

Birthdays: 5/21 Frank Malone 5/29 Dillon Franks

5/23 Wayne Woods 5/30 Jim Bowker 5/25 Wayne Mead 5/30 Tom Heabel

5/25 Ed Capesius

Health and Welfare: Vic Bock has been released from the hospital and is convalescing at home.

at home.
Election of Officers was conducted by Kim Steveley. The following slate was presented and approved by a unanimous ballot:

President: Bob DeMeulenaere Mike Wilson 1985
1st V. P.: Rich Siewert Al Beach 1986
2nd V. P.: Warren Rogers Aaron Randolph 1986

Program Review:

May 18: The program was the annual Industrial Arts Awards and Recognition. Each year this is one of the real highlights of our Kiwanis year. It provides Kiwanians an opportunity to see first-hand some of the accomplishments of our Jr. High & High School students. We Kiwanians can be proud of this recognition program.

Dick Lee

May 25: Our guest speaker was our Mayor Don Canney. The Mayor reminded us that Iowa ranks third in the nation in exports per capita, and Cedar Rapids is No. 1 in the nation for a city our size in exports per capita. He highlighted several of the strengths of the city and pointed out that the Ground Transportation Center has a target opening date of October 1.

I BELIEVE IN AMERICA by William Arthur Ward
"I believe in America. I believe it became great because of its faith in God, its hope for independence and its love for freedom. I am grateful for America's glorious past: I am awed by its unbelievable present; I am confident of its limitless future. I am not ashamed to take my hat off and to stand at attention when Old Glory passes by. I do not apologize for the lump in my throat when I repeat the Pledge of Allegiance. I am not embarrassed by the tears in my eyes when I hear 'The Star Spangled Banner.' Like millions of

Americans, I want a free choice, not a free handout..."

DOWNTOWN
CEDAR RAPIDS KIWANIS CLUB
P.O. Box 614

Cedar Rapids, Iowa 52406



OF CEDAR RAPIDS, IOWA

BULLETIN

Chartered December 9, 1920

Incorporated

Rooseveit Royale

12 Noon

Wednesdays

June 10, 1983 Editor: Bob Dye

Future Programs:

June 15 & 22: These programs have been arranged by Jim Oetken. We all know that whether a program is planned or not, we will have a good time!

Recent Board action: New members approved for membership are Tim Terry, Chuck Murphy, and Joe Hill. These men will be officially inducted into the club at an upcoming meeting. We welcome these men as our new members.

Guest at the June 8 meeting: Frank Currie of Cleveland, Ohio.

Anniversaries: June 1, 1982 - B. J. Klein; June 6, 1979 - Gary Samek.

Birthday: Bill Jameson - June 8.

Program recap: June 1 - Jeff Schultz presented some very interesting information on the importance of each individual maintaining a good wellness program. This includes physical fitness, good nutrition, and stress management.

June 8 - Dr. Bill Jacobson led us all through an adult's Guide to Style. This testing instrument revealed some very interesting things about ourselves. If you were absent, ask one of your Kiwanis friends to give you this test.

In recognition of all the Fathers, the following thoughts are presented from Charlie Shedd's book, "The Best Dad is a Good Lover," pp. 9-11:

MY NUMBER ONE JOB AS A DAD

- "Answer me quick! What's your number one job as a father?
- "To provide food and shelter? Protect? To build an image? Educate? Be a good example? Discipline?
- "To which comes the loud, clear answer-none of these! As I see it, my number one job as a father is to love my children's mother well.
- "...One day, in a symposium on child development, I heard a new thing. The lecturer was a famous pre-adolescent psychiatrist. This subject was: 'Importance of Parental Harmony as the Primary Source of Emotional Stability in the Growing Child.'"

When he realized this importance, Dr. Shedd & his wife worked out a simple 2-pt. program:

- "1. Once a week out together for dinner alone! No guests. No entertaining. This is our dinner date for each other only...fifty-two times a year. No exceptions.
- 2. Fifteen minutes a day visiting in-depth...this is no small talk about bills, the kids, planning the weekend. The subject now is what's going on inside.

[&]quot;From somewhere, if we are to survive, we must produce a generation which knows how to love. A big part of that responsibility is Dad's. Dad's first job? To love his children's mother well."

OF CEDAR RAPIDS, IOWA

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Wednesdays

Editor: Bob Dye

Future Programs:

June 29: Bob Dye will present a program on Youth for Christ. Some of the youth involved will share about their experiences.

Bob Creel, July Program Chairman, has these programs planned:

Barron Bremner of Cornell College.

July 13: Phil Brammer, Iowa Legislator.

July 20: N. L. Wogen, missionary. July 27: Jesse Nagle, a program on calligraphy.

Recent Birthdays: June 12 - Pytr Knoll; June 16 - Tom Herzog; June 18 - Jim Manville.

At the June 22 meeting we had Don Aanstad lead in the induction of two new members, Chuck Murphy and Joe Hill.

Chuck Murphy received his B.A. and Masters degrees in engineering from the University of Iowa. He grew up in Waukon. He and his wife, Becky, have two children. They started PIP in Cedar Rapids 8 years ago. His hoobies are fishing and hunting, and he enjoys restoration of old cars. He is a member of the Visitors and Convention Bureau and the Retail Merchants' Association. His wife describes him as a real gusto man!

Joe Hill was raised in Cedar Rapids and graduated from Washington High School. He also graduated from the University of Iowa with a B.A. in Insurance and joined with Equitable Life Insurance Company of America. In September, 1982, he opened his own agency office. He and his wife Gail have been married for 4 years and have one son, Daniel Joseph, 8

months old. They are members of All Saints Catholic Church. Joe really enjoys his work, and his wife describes him as very ambitious and outgoing. When they first met each other, she was a checker at the Hy-Vee Store in Iowa City, and he was a bagger. It looks like Joe "bagged" a real winner!

Recent programs chaired by Jim Oetken:

June 15: Father Joe O'Brien of St. Pius X Church spoke on the ecumenical movement among churches and denominations.

June 22: Steve Hunter of B H & N Ad Agency discussed the past, present, and future roles of ad agencies and the relationship between brand awareness market share and return on investment.

AMERICA'S SYMBOL

When God made the oyster, He guaranteed his absolute economic and social security. He built the oyster a house, his shell, to shelter and protect him from his enemies. When hungry, the oyster simply opens his shell and food rushes in for him. He has Freedom from want. But when God made the eagle, He declared, "The blue sky is the limit -- build your own house!" So the eagle built on the highest mountain. Storms threaten hir every day. For food he flies through miles of rain and snow and wind. The eagle, not the oyster, is the emblem of America.

... American Communications Network



OF CEDAR RAPIDS, IOWA

NEWS BULLETIN

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Wednesdays

July 8, 1983

FUTURE PROGRAMS:

Editor: Bob Dye

July 13: Phil Brammer, Iowa Legislator. This week only, Kiwanis will meet down in

Poncho's Patio on the first floor.

July 27: Jesse Nagle, a program on calligraphy. July 20: N. L. Wogen, missionary.

Anniversaries: July 1, 1980: Rich Siewert. July 1, 1974: Bill Windus.

Birthdays: July 4: Bob Armstrong.

July 6: Kim Steveley.

Board of Directors' Action:

Farmer's Breakfast: The final profit figure is \$3,106.29. After distribution of funds, there is a balance of \$2,000.00.

A check for \$900 was presented to Mrs. Margaret Bardow on June 29. She represented the library summer youth reading program and told of the many new things that they were able to do because of the help from Kiwanis. An initial check of \$100 had been sent to them earlier to make a total of \$1,000 for the summer reading program. At the July 6 meeting checks were presented to Youth for Christ for \$600 for camper scholarships and to the Circle K Club for \$300. Camp Good Health received \$500.

A great effort from many Kiwanians has produced great results, and many youth have been

New Membership Committee formed: Guy Ames, Bob DeMeulenaere, Jim Oetken, Chuck Murphy. A Calling Committee has been selected with Hd Capesius serving as Chairman. The desire is to see more Kiwanians attending the weekly meetings.

Program for June 29: Bob Dye, along with three high school students and an adult volunteer, presented a program about Youth for Christ. The students shared what their involvement has meant to them. In an over-view of the total YFC program, the fact was brought out that the organization is locally controlled by a Board of Directors, and Kiwanian Rich Siewert presently serves on this Board.

July 6: Barron Bremner of Cornell College reported on his 12-nation tour of the Middle East. The purpose of the trip was to contact prospective students. Cornell presently has 7% of their student body as international students; their goal is to increase that to 10%.

A closing thought: Every change in human attitude must come from internal understanding and acceptance. Man is the only known creature who can reshape and remold himself by altering his attitude.



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July 22, 1983 Editor: Bob Dye

Future Programs:

July 27: Jesse Nagle will be presenting a program or calligraphy.

Anniversaries: Jim Swain - July 11, 1979; Del Block - July 12, 1978; Bob DeMeulenaere - July 16, 1972; Rex Schrader - July 19, 1972; Tom Herzog - July 25, 1975.

No Birthdays.

Our Kiwanis Club is a friendly club. Each member and guest is greeted with an exhuberant welcome by Sandy Batchelor. There is always friendly conversation around the tables—a great place to spend your Wednesday's lunch hours. It is also a good place to bring a visitor.

However, there is an area we could improve, and that is the area of caring about our fellow Kiwanians when they are not attending the noon meetings. A person may be convalescing and unable to attend, so a call or personal visit would be a great way to say "we miss you and care about you." Let's begin to be a club that cares about each other all the time and not just at our Wednesday meetings.

Past meetings:

July 13: Phil Brammer enlightened us on some of the big issues the State Legislature has dealt with this year. He was impressed with the spirit of working together by both parties to deal with these issues.

July 20: N. L. Wogen, a retired Lutheran minister, shared some of his experiences as a conference leader and the privilege he has had of meeting some well-known people.

It should be said too that our Program Chairman for July has been Bob Creel. His introductions were most interesting.

He was going to be all that a mortal should be...Tomorrow.

No one would be kinder or braver than he...Tomorrow.

A friend who was troubled and weary he knew,

Who'd be glad of a lift and who needed it, too,

He must call on him and see what he could do...Tomorrow.

Each morning he stacked up the letters he'd write...Tomorrow.

He thought of the folks he would fill with delight...Tomorrow.

It was too bad, indeed, he was busy today,

And he hadn't a minute to stop on the way;

More time he'd have to give others, he'd say...Tomorrow.

The greatest of workers this man would have been...Tomorrow.

The world would have known him had he ever seen...Tomorrow.

But the fact is he died and he faded from view,

And all that was left, when his living was through

was a mountain of things he intended to do... Tomorrow.

(Author unknown.)

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August 12, 1983 Editor: Bob Dye

FUTURE PROGRAMS:

August 17: Bill Watts, Administrator for the Family Practice-Mercy - St. Luke's Residency Program.

August 24: To be announced.

BIRTHDAYS: August 8 - Bill Windus; August 10 - Hugh DeWees; Aug. 12 - Del Block.

ANNIVERSARIES: Aug. 8, 1942 - Vic Bock; Aug. 12, 1981 - Larry Warren; Aug. 13, 1947 - Jim Downing.

NEW DOOR PRIZE CONTEST:

Jim Oetken suggested a way in which we could bring some additional fun and excitement to our Kiwanis meetings through unique door prize contest. It has been suggested that fellow Kiwanians donate these prizes, and various methods will be determined as to who would be the weekly winners. If you have a prize that you would like to donate, call Warren Rogers. This last week's winner was Bob Armstrong, and the prize donated by Guy Ames was a nice duffle bag filled with samples of National Oats products.

AUGUST 3 MEETING:

Tim Trosky, Director of Area Ambulance Service, explained the various services provided.

AUGUST 10 MEETING:

Bill Bjornsen, Director of Linn County Area Civil Defense, presented a video entitled "Operation Smoky Hotel," which was a disaster exercise carried on in Cedar Rapids that simulated a high rise fire.

We all know that August is notably a vacation month, and this has shown in our attendance recently. Let's begin to plan now to make it a habit to be at weekly Kiwanis meetings as the summer vacation months draw to a close!

THINK ON THESE THINGS

We choose the kind of clothes
we wear-The food we eat and drink.
But even more important are
The thoughts we choose to
think.

M. H. Goodman

It is not work that kills men, it is worry.

Work is healthful; you could hardly put more upon a man than he can bear.

Worry is rust upon the blade.

It is not the revolution that destroys the machinery, but the friction. H. W. Beecher

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August 26, 1983 Editor: Bob Dye

FUTURE MEETINGS:

August 31: Shirley Stewart from Family Service Agency. She will discuss services provided by the agency.

September 7: Dave Bolt, Cedar Rapids Community Theatre.

September 14: Lee Clancy, Leadership for Five Seasons.

September 21: Cheryl Anderson, Community Dispute Settlement Center.

September 28: Installation of new officers.

BIRTHDAYS: Larry Fishwild 8/15 Sandy Batchelor 8/24 Clarence Fenner 8/18 Al Bickle 8/25 Ed Segar 8/26 8/19 Clyde Sandborn Frank Malone 8/21 Aaron Randolph 8/27

ANNIVERSARIES: Sandy Batchelor 8/26/64 Wally Brown 8/31/70

Last week's door prize winner was Doc Fenner who received two tickets to the circus. A note needs to be made that Past President Don Asnestad tried to pull one on Doc, once again trying to get something for nothing:

We were honored by the Metro Kiwanis Club Inter-Club being with us for our meeting last week.

AUGUST 24 NEETING:

Dick Meyoucks, President of CMF & Z and Bill Quinby gave an interesting review of their company and showed some video of their more famous commercials that they have done for clients.

> Now that the summer is over, let's all get back into the habit of making the Wednesday noon Kiwanis meeting a priority in our schedule!

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September 9, 1983 Editor: Bob Dye

FUTURE PROGRAMS:

September 14: Lee Clancy. Sept. 21: Peg Cronk, Director of Community Dispute Settlement Center. (Lee was Director for Leadership for 5 Seasons Program last year.)

September 28: A very special evening program is planned for the installation of new officers. It will be held at Lizzie's Bistro, and each person can order from the menu. That charming, multi-talented Jim Oetker will be entertaining us, and former Lt. Gov. Charlie McIntyre will be doing the installation honors. Wives are invited, of course!

Recent Birthdays: 8/28 Greg Kingery.

Anniversary: 9/9/81 Al Beach.

9/6 Dennis C'Brien.

Door Prize winners: 8/31 Bill Windus, winner of an ice cream scoop.

9/7 Fran Brown, our pianist, won a Hawkeye football poster.

Dr. Jim Downing increased our Youth Fund treasury with several "commercials" among them the introduction of Dr. Dennis Kral, who is candidate for the at-large school board seat.

Former Kiwanian Warren McAllister was visiting the club last Wednesday.

President-Elect Bob DeMuelenaere stated his desire to use the committee structure so every Kiwanian can actively participate in the club activities.

Dick Lee has agreed to be the Chairman of the Membership Committee. Delinquent members better watch out...Dick means business.

The bowling season is here--bowlers are needed. Call Duane Kurrelmeyer if you can be a substitute or a 1st stringer.

The following quotes are taken from the book, "Say YES to Your Potential," by Skip Ross:

A smile is cheer to you and me The cost is nothing--it's given free It comforts the weary-gladdens the sad Consoles those in trouble--good or bad. To rich and poor--beggar or thief It's free to all of any belief. A natural gesture of young and old Cheers on the faint--disarms the bold. Unlike most blessing for which we pray It's one thing we keep when we give it away. Author Unknown (p. 127.)

"Wherever you see yourself on the road of life, everything you have experienced on the journey has prepared you for this moment. Pascal once said: 'Our achievements of today are but the sum total of our thoughts of yesterday. You are today where the thoughts of yesterday have brought you, and you will be tomorrow where the thoughts of today take you. "



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Wednesdays

EDITOR: Bob Dye GUEST EDITOR: Ed Capesius

Dear Fellow Kiwanians:

Did you ever sit halfway through a meeting and then suddenly realize that you were responsible for taking notes and reporting on the proceedings? That's what happened to me last Wednesday. So, what I got is what you gets!

Annual Installation of Officers - See the enclosed flyer. Sounds like a lot of fun.

No Regular Meeting next Wednesday due to the evening meeting. If you need an extra session for attendance purposes, check in with Carol around noon at the Roosevelt.

Bob Rush - Good to see you again, Bob! Back in your top fighting condition?

Birthdays - Doc Downing (Sept. 20), Dick Lee (Sept. 23).

Anniversaries - Ed Seger (Sept. 14, 1977)

Guests - Rich Siewert's Bro-in-law, Mike; Circle K President Nannette Rowe. Come back and visit us both of you, particularly you, Nannette. (Right, Siewert?) Guests at the Sept. 14 meeting were former member Bob Blinn and Ed Colton's father -- you folks come back also.

Interclub - Bob Dye tells me that on Sept. 12, Doc Downing, Rudy Silvers, and Don A. (BIG DON), were brave enough to venture to Ottumwa with a certain shy "token type person" for an interclub. you suppose Doc, Rudy and Don have recovered yet? It's good to have the interclubs going again.

Programs - Sept. 14 (I missed it!)

Sept. 21 - Peg Cronk of the Community Dispute Settlement Center spoke. The Center provides third party mediators (volunteers) to settle disputes which normally would needlessly tie up the courts. They have also begun a Family Mediation Service, and are considering handling bad debt claims of \$500 or less. Sounds like a great bargin for the City of Cedar Rapids. For more information, call 398-3693.



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October 7, 1983 Editor: Bob Dye

HAPPY NEW YEAR!

A new Kiwanis year began October 1. Let's make this a great year for President Bob and his fellow officers.

Future programs as arranged by October Program Coordinator, Wayne Woods:

October 12: Jim Biundo, Assistant to the President of Kirkwood, in charge of Community Relations. He will be speaking on Kirkwood's commitment to quality vocational education.

October 19: President's Day. Our new President will be giving his State of the Club address, and Warren Rogers, "Mr. Peanut Day," will charge us all up to sell peanuts Friday, October 21, and Saturday, October 22.

October 26: A Fine Arts program will be presented by Kirkwood students.

Recent Birthdays: Ed Colton - September 25; Al Gravelie - September 27; Joe Stenner - September 29; B. J. Klein - October 1.

Anniversaries: Ed Capesius - September 26, 1979; Kim Steveley - September 27, 1972; Joe Stenner - September 29, 1970; Aaron Randolph - October 7, 1976.

Board Action in October:

Mike Wilson and Dick Lee were welcomed to the Board. Appreciation was extended to Wayne Woods and John Little for their many contributions during their terms of office. Also, Aaron Randolph was given 15 rahs for a great job as Secretary. Tom Herzog takes over as Secretary. The Board voted to dispurse the following amounts of funds to:

Linn County Dental Health - \$500. Circle K - \$300. Cedar Rapids Library - \$375. Youth for Christ - \$325.

The Board also voted to go back to putting out the Bulletin every week.

Peanut Day Chairman, Warren Rogers, says we must sell 100 cases this year. We need over 50 Kiwanians to sign up to help. Call Greg Kingery if you can help out and haven't yet signed up. Remember, Peanut Day sales are October 21 & 22.

A special word of thanks to Tom Herzog for the following:

Peter Drucker, the famous pioneer management consultant, said, "When it comes to results, there is really little difference between the best and the worst paper organization. With enough goodwill, the worst of organizations will get the job done. But without enough goodwill, the best organization will fail."

What is goodwill? Well, it's that stuff the club gets when Sandy Batchelor pins your name tag on with that ear-to-ear smile of his...It's that stuff the club gets every time you take a minute to introduce yourself to a guest or new member. Goodwill is the flypaper that catches guests' names on applications. It's the glue that holds members in the club for 40 years or more. Here's the hooker, fellows. Goodwill is YOUR job--the job we must all do before any other job can be done effectively.

Thanks, Tom, for these thoughts. Let's all put them into practice!

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October 14, 1983 Editor: Bob Dye

Program for October 19:

President's Day. Committee Chairmen will be speaking concerning their responsibilities, and President Bob will be verbalizing his goals for this new year. It will also be a special kick-off for our Peanut Day.

October 12 program: Jim Biundo, Assistant to the President of Kirkwood, reviewed with us the exciting growth of the school and their commitment to maintain quality education in the area of vocational training as well as liberal arts. Sixteen years ago Kirkwood started with 199 students. Today they have 6,336 full-time and part-time. They maintain 65 vocational areas of study and 30-33 for liberal arts. 75% of the students at Kirkwood work part-time besides studying.

BIRTHDAYS:

Oct. 12 - Jeff Berg; Oct. 13 - Bob Gable; Oct. 15 - Don Aanestad.

ANNIVERSARIES.

Vern Haaland - Oct. 10, 1970; Dick McConnell - Oct. 14, 1964.

PERFECT ATTENDANCE awards given at the last meeting were:

One Year: Bob Armstrong, Sandy Batchelor, Ed Capecious, Bob DeMeulenaere, Bob Gable, and Wayne Mead.

Two Years: Aaron Randolph and Bob Rush.

Three Years: Rick Siewert.

Six Years: John Little, Ed Seger.

CONGRATULATIONS

Seven Years: Dick McConnell, Jim Oetken.

to each winner!

Eight Years: Duane Kurrelmeyer.

Ten Years: Tom Heabel, Charles McIntyre.

Eleven Years: Jim Downing.

Forty Eight Years: Clarence (Doc) Fenner!!

Door Prize:

Brenton Bank donated a \$10 gift certificate toward phone equipment, and the winner was Kim Steveley.

PEANUT DAY: OCTOBER 21, 22:

Our goal is \$1,500 profit. Need to have many more Kiwanians sign up to help. The individual who collects the most during their shift will get dinner for two at Gringos. For the Kiwanians who do not sell peanuts, it is strongly suggested that they give \$10.00 to underwrite a case or buy one case for \$25.00. There are 100 packets in a case. It makes a good Halloween giveaway!

"Like the Marines, the Kiwanis is looking for a few good men. But unlike the Marines, YOU, fellow Kiwanian, are the recruiting sergeant. This coming meeting, October 19, is probably the best meeting of the whole year to bring a prospect to, for here he will learn our aspirations and goals from our committee chairmen."

Tom Herzog

DOWNTOWN CEDAR RAPIDS KIWANIS CLUB P.O. Box 614

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Wednesdays

October 21, 1983 Editor: Bob Dyc

Coming October 26:

A Fine Arts program will be presented by Kirkwood students.

Guests October 19: Mike Murphy, Tom McCartar, and Lori Sipe. Lori is from Kirkwood College Circle K and reported on the up-coming activities of the Circle K Club.

Birthdays: Mike Wilson, Oct. 18; George Gable, Cct. 20.

Anniversaries: Jim Cetken, Oct. 18, 1972.

Door prize October 19: A variety of products from Quaker Cats were given to this week's winner, Tom McCartar. He was so impressed with the club that he turned in his application for membership!

Peanut Day report: Warren Rogers reported that 44 Kiwanians and 9 members of the Circle K Club are participating today and tomorrow. We all look forward to having a very successful Peanut Day sale even in spite of the weather. Proceeds of the sale will stay in the community to support the prevention of substance abuse by the youth of Cedar Rapids through the organization PRIDE (Parents Resources and Information for Drug Education).

Bulletin ads will be placed on the back of each bulletin. Ads are being taken from members for \$15.00 for a period of 6 months.

For those who missed last week's meeting, the following committee chairmen reported on their activities for the up-coming year:

Program - Warren Rogers
Youth Services - Jim Downing
Spiritual Aims - John Little
Membership - Dick Lee
Inter-Club - Ed Colton
Bulletin - Bob Dye
Audit - Ray Vaughn
Club Meeting - Sandy Batchelor
Citizenship Services - Mike Wilson
Sponsored Youth (Circle K) - Wayne Woods

Major Emphasis - Joe Hill
Farmers Breakfast - Bob Creel
Peanut Day - Dillon Franks
Nominating + Guy Ames
New Member Crientation - Charlie McIntyre
Budget - Duane Kurrelmeyer
Attendance - Aaron Randelph
Gumball Machines - Al Beach
Donations/Kiwanis Int'l Foundation - Bill
Jameson
Public Relations - Ed Capesius

Your committee chairman will be calling you.

Each member is a participant in one or more committees. President Bob has done a great job in getting everyone involved. Now it is up to us to accomplish the goals set before us!

WHAT IS YOUTH?

Youth is not entirely a time of life... It is a state of mind. It is not wholly a matter of ripe cheeks, red lips or supple knees. It is a temper of the will, a quality of the imagination, a vigor of the emotions... Nobody grows old by merely living a number of years. People grow old only by deserting their ideals. --General Douglas MacArthur



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October 28, 1983 Editor: Bob Dye

Program for November 2:

A representative of the Fire Committee will discuss changes in the Fire Stations and the upcoming bond issue.

November 16:

A music group called The Carpenter's Tools will be reporting on their recent trip to China and Korea. This is a Youth for Christ group from Willmar, Minnesota.

No Birthdays or Anniversaries.

Arrangements have been made for those not eating dinner at Kiwanis to sit at the tables, so the non-eaters can mingle with the eaters.

Peanut Day report: Greg Kingery reported that about 65 cases were sold. The remaining cases are being sold at \$15 a case. Contact Greg if you would like a case for Halloween.

The drawing this week was won by Al Beach. Another Hawkeye poster was given away.

Last week it was mentioned that beginning soon, Kiwanians can place advertisements on the back of the bulletin. Correction: The cost is \$25 for six months of advertising, not \$15 as mentioned last week. Presently, 8 spots are taken. Contact Ed Capesius if interested.

Wayne Woods introduced Chuck Wetzell, the new Theatre Director at Kirkwood College, during our program October 26. On November 4 and 5 "Room Service," a comedy, will be presented at Ballentine Auditorium. Three segments of the play were presented at club. Chuck reviewed some of the benefits of having an opportunity for Community College students to participate in theatre. The main benefit it accomplishes is that it improves the quality of life. Kirkwood will be doing two plays and musicals.

There's no point in waiting for a ship to come in if you still haven't launched one!

Ten times ten I tried and failed,
My courage paled.
Ten times ten plus one I strained,
That's when I gained.
Ten times ten plus two are done,
And I have won!



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Wednesdays

November 4, 1983 Editor: Bob Dye

A special word of thanks to Jeff Berg for taking today's bulletin notes.

At the November 2 meeting Rich Siewert presided as 3rd Assistant Vice President. The speaker was Assistant Chief, Jerry Powers, from the Fire Department; also Harold Ewoldt was there from the Cedar Papids Chamber of Commerce. A slide presentation was shown to highlight current fire station problems with physical plant defects and response time problems. There is a proposed new central fire station on land next to I-380 on the near N. W. side—estimated cost of new station \$3 mil. Proposed 4 new satellites: 1 N. E. on Blairs Ferry between C Ave. and Council, 1 N. E. on 42nd near Twin Pines; 1 S. W. near Kirkwood, 1 N. W. near Johnson Ave. and Wiley Blvd., each costing \$250,000. Total bond issue: \$4 mil. Vote November 8.

BIRTHDAYS: Warren Rogers, October 31; Al Beach, November 4.

No anniversaries.

Guest: Ms. Denise Kinzenbaw, Circle K, Kirkwood - spoke about food drive for needy people 11-1 to 11-15.

Next week's speaker: Jeff Berg will speak on activities of PRIDE, National Federation of Parents For Drug-Free Youth, Nancy Reagan's Speaker's Bureau, Chemical people program.

PEANUT SALES - \$1,200 profit as of 11-2-83 - still 17 cases left.

Three spots are still open for advertising on the weekly flier.

* * * WIVES ARE INVITED FOR THE NOVEMBER 16 MEETING! * * *

Bring your wife and other guests to hear The Carpenter's Tools, a YFC musical team from Minnesota, 8 young people who will share their experiences in China and Korea. They have just returned from a tour over there.

Where did Kiwanis get its name? It is taken from "Nunc Keewanis," an Indian expression found in Bishop Baraga's dictionary of the Otchipew language.

The Bottom Line - what is Kiwanis all about? For the next several weeks the objectives of Kiwanis will be shared in this space:

The first object of a Kiwanis Club is "To give primacy to the human and spiritual rather than to the material values of life."

The second object of a Kiwanis Club is "To encourage the daily living of the Colden Rule in all human relationships."



OF CEDAR RAPIDS, IOWA

NEWS BULLETIN

Chartered December 9, 1920

Incorporated

Rooseveit Royale

12 Noon

Wednesdays

November 11, 1983 Editor: Bob Dye

SUPER SPECIAL DAY AT KIWANIS NOVEMBER 16 - WIVES ARE INVITED!!

Eight-member music group, "The Carpenter's Tools," will be singing and sharing their experiences from their recent two-month tour of China, Hong Kong, Korea, and are now touring throughout the midwest.

November 30 is another special day. Plan now to invite a prospective Kiwanis member. A film produced by Kiwanis International will be shown that tells the whole story about Kiwanis.

Program for November 9: Jeff Berg, our fellow Kiwanian who is President of P.R.I.D.E., Secretary of the National Federation of Parents, and a member of their speaker's bureau, presented an update on the local P.R.I.D.E. chapter and the National Federation of Parents for Drug-Free Youth program. We were made aware of the ever-expanding program of drug education and the development of support groups in the school districts and Linn County. Thanks, Jeff, for a very interesting & informative program!

At the November 9 meeting, lots of reports were shared including a final report on Peanut Day. Chairman Warren Rogers commended the club for doing a good job in spite of all the adversities. President Bob was again this year's winner with a total collection of \$158.17. Wayne Woods collected \$118.68, and 3rd place was Dick Lee, \$77.97. Our winner was awarded two complimentary tickets to a famous Mexican restaurant on First Avenue. Thanks, Dick, for providing the tickets.

Gumball Chairman, Al Beach, reported that six new requests have come in recently for gumball locations. In the near future, we will have a complete update as to how many machines are out and the profitability of this program.

Ed Colton, Inter-Club Chairman, has set a number of dates beginning in the new year for Inter-Clubs. This month's Inter-Clubs are Tuesday, November 15, with our Kirkwood Circle K Club at 12:15, Iowa Hall, and on November 22, 12 noon, at the Big Boy, East Side Club.

ANNIVERSARIES:

Larry Fishwild - November 6, 1973; Bob Dye - November 10, 1971; Jerry Banes, Nov. 12, '68.

"Nunc Keewanis," the Indian expression from which Kiwanis got its name, means "self expression" or "to make oneself known." Kiwanis International follows this theme by not imposing programs, but rather encouraging each club to be guided by the needs of its own locality.

The Bottom Line: The 3rd objective of Kiwanis is: To promote the adoption and the application of higher social, business, and professional standards.

Let me encourage you to take a few minutes right now to review the goals that our President has outlined for our club for the next year. Let's all pitch in and accomplish them. (over)



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November 18, 1983 Editor: Bob Dye

Thanksgiving..

..is the theme for next week's program November 23. There will be a Thanksgiving meditation plus a turkey carving demonstration—that is, if we can find an available turkey!

It was great to see a big turnout last week. A number of wives were guests, and one was heard to say, "We would come more often if we were invited!"

Guests: Along with the wives, a guest was Vicky Erger, Circle K representative. She announced their fund raising projects to raise money for food baskets at Thanksgiving and Christmas time.

Program November 16: Bob Dye introduced the YFC music group from Minnesota, "Carpenter's Tools," who presented a very interesting and lively musical program. Members of the group also shared some of their impressions from their two months in Korea, Mainland China, and Hong Kong. It gave everyone some sober food for thought about the freedoms we have to enjoy and so often take for granted. Their rendition of "Jingle Bells" was especially dedicated to Bob Armstrong.

BIRTHDAYS: Bob Rush, Nov. 15; Jim Oetken, Nov. 17; and Rich Chandler, Nov. 19.

Inter-Club Report: Ed Colton, Chairman, reported that nine Kiwanians went to an Inter-Club with the Circle K Club Tuesday at Kirkwood. The next Inter-Club is Tuesday noon, Nov. 22, with the East Side Club which meets at the Sirloin & Brew. Don Aanestad is the leader of this Inter-Club. Everyone is invited to participate!

Recent Board action included the following:

- 1. Tom McCarton, President of Entre Computer Center, was unanimously received as a new member.
- 2. C. R. Fahrney was offered a choice of a Senior membership or Honorary membership... a deserving privilege in light of C. R.'s many years of faithful service. We miss you, C. R.
- 3. Jim Bowker's resignation was received with regrets.
- 4. The survey results showed strong support for bulletin advertisement and the continuing of the raffle for door prizes.

Kiwanis objectives, continued

The fourth object of a Kiwanis Club is "To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship."

The fifth object of a Kiwanis Club is "To provide, through this club, a practical means to form enduring friendships, to render altruistic service, and to build a better community."

DOWNTOWN
CEDAR RAPIDS KIWANIS CLUB
P.O. Box 614
Cedar Rapids, Iowa 52406

Serving Cedar Rapids since 1920



OF CEDAR RAPIDS, IOWA

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Wednesdays

November 25, 1983 Editor: Bob Dye

November 30 meeting:

This is a very special promotional day to introduce prospective new members to the purpose and goals of Kiwanis. A special video report will be shown giving an excellent overview of Kiwanis. A number of letters have been sent out to the chief executive officer of a number of the major businesses and corporations of our city with an invitation to attend or send a representative from their company. As members, let's each plan to bring at least one guest.

There is real enthusiasm building for an exciting year. Let's share this enthusiasm and interest with potential new members.

Anniversary: Tom Heabel - November 23, 1972.

Salvation Army Christmas Bell ringing time: John Little, Chairman of the Spiritual Aims Committee, is coordinating this year's bell-ringing day which is December 9 at K-Mart East. Be sure to sign up this next week, and let's once again be some of the top bell ringers in the city!

November 23 meeting:

Did you see that our last week's meeting made the Channel 9 evening news? It was another very good program with two special highlights. Rev. Richard Jessen, Senior Pastor of First Lutheran Church, gave us a thoughtful meditation on Thanksgiving. He encouraged us to:

- 1. Give thanks to those who are closest to us.
- 2. Reminded us that gratitude eliminates the resentment in our life.
- 3. Grateful people get more out of life.

Our second special feature was Dave Hutchens, the head chef at The Velvet Feedbag. He demonstrated the fine art of preparing and carving our Thanksgiving turkeys. I am sure we all felt more confident in fulfilling our Thanksgiving turkey carving duties after we watched him so masterfully carve the turkey. Special thanks goes to the Roosevelt for preparing the turkey. The carved bird was then donated to the Salvation Army Adult Rehabilitation Center.

One of the important aspects of being a Kiwanian is to meet together each week and be a source of encouragement one to another. It's been most encouraging to see the increase in attendance during the last few weeks. If you have gotten out of the habit of being a regular attender, now would be a good time to make Wednesday noon Kiwanis a regular part of your schedule. Don't forget to invite one to join you at Kiwanis this next week!!

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Wednesdays

December 2, 1983 Editor: Bob Dye

There was plenty of excitement in the air at Kiwanis this week. Forty members and 12 guests were entertained, informed, and all enjoyed themselves. So Kiwanis is the place to be on Wednesday noons!

Program for December 7:

Channel 9 news anchorman Craig Maurer will be our special speaker. Craig was one of our guests this week to check us out. Now he has the whole story on Kiwanis.

Let's strive to have 50 at Kiwanis each week!

Jim Oetken and our President, Bob DeMeulenaere, were the pace setters with three guests in attendance.

Door Prize winners: Five big winners last week: Joe Stenner, Bill Windus, Rich Chandler, Howard VanderSchaaf, Wayne Mead. Of course, everyone's a winner at Kiwanis.

Kiwanians in the News:

Ray Vaughn has been elected President of the Accountants Association of Iowa.

Greg Kingery and his wife are the parents of a new baby boy. Congratulations!

Birthday: Charles McIntyre - November 27.

Anniversary: Doc Fenner - November 30, 1933. What a milestone: 50 years in Kiwanis! Doc has established a fantastic record. In his 50 years in Kiwanis, he has had 47 years of perfect attendance!

Inter-Club report: 12 of our club members attended the Inter-club at the East Side Club a week ago. Now that's an inter-club.

The 5th object of a Kiwanis Club is "To provide, through this club, a practical means to form enduring friendships, to render altruistic service, and to build a better community."

The 6th object is "To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and good will."

"How to join" (from <u>Kiwanis Facts</u>): "Kiwanis is a voluntary organization. Clubs choose their own members. Kiwanis membership is open to men of good character and community standing who reside in or have other interests within, the area served by the club. A Kiwanian is expected to be involved in the activities of his club and to be regular in attendance."

See you next Wednesday noon!



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December 9, 1983 Editor: Bob Dye

Kiwanis is definitely the place to be on Wednesday noons!

Each week there are new and better things happening. On December 14 our program will feature Mollie Meffort, a Junior at Washington High School, and Granddaughter of Mr. & Mrs. Robert Armstrong. She will be sharing her recent experience living for six weeks in Switzerland with the Experiment in International Living. Besides the good program, there are always plenty of other things happening.

December 21 the Linn-Mar Folk Group will be presenting a Christmas program. This will be another opportunity to bring the wives.

BIRTHDAYS:

Jim Swain - December 6; Joe Hill - December 7.

ANNIVERSARIES:

Eugene Ilipp - December 5, 1982; Wayne Woods - December 5, 1979.

Adolph Helm was the door prize wirmer at last week's meeting.

Meeting December 7:

Oraig Mauer, co-anchorporson at Channel 9 news, spoke of his experiences working with the Washington press corps. As Press Secretary of the Republican National Committee during the Nixon administration, his observations concerning Watergate were most interesting. He followed his remarks with a videotape that gave us some insights into the intensity, frustrations, and humorous incidents in the life of Washington news paople.

One exciting note: After visiting one week as a guest, then once as a speaker, Craig has filled out an application for membership!

Recent Board action:

C. R. Fahrney was granted Senior membership. Dale Moore was unanimously welcomed to membership. Club funds will be allocated for the meal of our weekly Kirkwood Circle K guest. The 1983-84 budget was approved.

If we've hustled and hurried through the Christmas season to the extent that we are "glad to get it over with," we've missed the heart of this joyous season! Did you know that a set of twinkle lights that cause little children's eyes to sparkle can be burned 16 hours for only a penny? Start your Christmas season December 1 and enjoy it through January 1. It's a time of happiness, fellowship, and re-dedication to the things that make life worth living.

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December 16, 1983 Editor: Bob Dye

December 21 meeting:

A Linn-Mar folk group will be bringing us a special Christmas musical program. As in the past years, this Christmas program is an opportunity for us to bring our wives and enjoy a good time together.

Birthdays: Howard VanderSchaaf - December 16.

Anniversaries: Wayne Mead - December 13, 1961.

Victor Bock was this week's winner of the door prize -- a one lb. Manor Texas Fruit Cake.

December 14 meeting:

There were two very special highlights: Our special guest was Mollic Meffert, a Jr. at Washington High School, who spoke to us concerning her 6-week summer Experiment in International Living with a family in French-speaking Switzerland. Her slides and presentation gave us some real insights into the people of Switzerland. Following Mollic's presentation, Susan Turner explained more fully the Experiment in International Living program and stated that more students from Cedar Rapids are involved in this program than from any other city in the United States.

Prior to introducing our guest speaker, Jim Oetkon read the following "telegram" from the Archbishop of Canterbury.

To the Cedar Rapids Kiwanis Club: Gentlemen: I was indeed pleased to learn that a relative of Sir Robert Armstrong would be in your midst today. The noble family of Armstrong dates back to the early days of the British Empire. One of Sir Robert's ancestors, one Mister BRUISER Armstrong, was beating up Catholics long before it was really fashionable to do so..."Nothing like breaking up a bingo and mutilating a mackeral snapper," he was fond of saying. (Bully for him, I say.)

Another one of Sir Robert's ancestors, a Mr. Dudley Poindexter Armstrong, opened a Dry Goods store in 1478, often referring to it as the store of quality and service--rather original slogan, wouldn't you say? The store, by-the-by, was called a Dry Goods store because nothing wet was ever sold there...some things never change... Anyway, Dudley never opened the store on Tuesdays. People often asked, "Dudley, why don't you ever open on Tuesdays?" Many thought it was for religious reasons, since Tuesday was the feast-day of Saint Melvin, the Merchant. Actually, Dudley closed on Tuesdays because business was generally rotten on Tuesdays, and-despite his faults, which were many--Dudley was not stupid.

I wish I could be there to be part of the international flavor of the meeting. My good wishes go across the sea to all of you in the colonies, especially to Sir Robert and his kin.

God save the Queen.

Arch.

Due to lack of space, at this time we can't print the other "telegram" that was received from the Pope. Thanks, Jim, for sharing these important messages with us. It certainly brought some new insights to us concerning one of our long-standing Kiwanians.

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December 23, 1983 Editor: Bob Dye

Program for December 28:

Sue Tesdahl, Social Worker with the Child Guidance Center at Mercy Hospital under Dr. Block, will be talking on childhood stresses. Let's all end the year right by being at Kiwanis Wednesday!

NEW MEMBERS:

It's a real privilege to list the new members recently joining Kiwanis:

Mike Balk

Ken DeKock

Steve Fillings

Bob Morry

Craig Maurer

Welcome!

"The trouble with each generation is that it has not read the minutes of the last meeting." Don't make that mistake. Secretary Tom Herzog has found a few copies of The History of Kiwanis in Iowa from 1920 to 1960 compiled by the Iowa Historical Society--fascinating reading. Learn your roots. Ask to borrow a copy.

Many thanks to Tom for taking minutes of the last meeting and also to John Little for sharing in the program on short notice.

December 21 meeting: Bill Jameson reported that we are donating up to \$2,500 for a motorized wheelchair to be given on Christmas day to a severely handicapped (cerebral palsy) Senior in high school, so he will have an easier time getting through college.

The Linn-Mar Choral Group provided splendid entertainment for us and many members of our families.

In John Little's invocation, he suggested the following "Christmas Spreaders:"

- 1. Hug someone tight and say "I love you."
- 2. Be gentle and kind to another.
- Take a walk with someone.
- Apologize if you are wrong.
- 5. Do the family dishes.
- 6. Give a soft answer to an angry person.
- Tell someone something that you like about him or her.
- 8. Speak kindly to a stranger.

John concluded with a prayer written by his daughter, Sherri:

"O Jesus, you want only one gift from us, And that is the gift of ourselves; For it is only when we give ourselves to You That Christmas takes on its true meaning."

The best thing about the future is that it comes only one day at a time. DOWNTOWN

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December 30, 1983 Editor: Bob Dye

Program for January 4:

The January Program Chairman, Chuck Murphy, has informed us that a very special guest, Michelle Eckert, will be presenting an entertaining puppet show for us complete with a stage and special sound effects.

Birthdays:

Ray Vaughn, December 30.

Anniversaries:

Bob Gable, December 29, 1954.

Jeff Berg was the lucky door prize winner of a box of candy donated by Doc Fenner.

Guy Ames led our club in a special welcome to the following new members:

Tom McCarton Craig Maurer Bob Murray Ken DeKock

Next Board Meeting is Tuesday, January 3.

President Bob DeMeulenaere read a letter of resignation from Ed Segar, who is leaving us as a result of being transferred to Omaha. We are sorry to be losing Ed and wish for him the very best of success there at Omaha.

December 28 meeting:

Sue Tesdahl, Social Worker with the Child Guidance Center at Mercy Hospital, gave a very interesting program on childhood stress. She has had 14 years of Family Therapy experience, and stated that the major causes of stress in children are:

- I. Child abuse (physical, emotional, sexual).
- II. Loss of parent to death.
 III. Divorce and separation o Divorce and separation of parents.
- IV. Chronic illness.
- V. Learning and behavioral problem.
- VI. Societal stress. VII. Alcoholism.

Results can be:

- 1. Damage in self esteem.
- Fear of failure.
- 3. Strive for perfectionism.
- 4. Totally dependent on others.
- 5. Aggression.

X: X

During his 100th birthday interview, the salty centenarian told a reporter, I_0 I'dknown I was going to have to live this long, I'd have taken better care of myself!

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